



**FIRST CONTACT CLINICAL**  
ENABLING HEALTHY BEHAVIOUR CHANGE



First Contact Clinical is a social enterprise established in South Shields in 2008. We strive to make a difference to the health and wellbeing of disadvantaged people and communities by motivating healthy behaviour change. We specialise in delivering person focused, outcomes driven Behaviour Change services and skills training to people and professionals living and working in the North East. Our front-line work in health and social care means that what we do is shaped using real world experiences and makes a difference where it is needed most.

**Link Worker Coach, Ways to Wellness, Newcastle West**

**Full-time (preferred), Part-time (30 hours per week) considered**

**Salary £20,542.80 per annum (pro-rata)**

Do you have experience of delivering psychosocial interventions; have active listening skills, a high level of resilience and a passion for enabling people to make positive changes?

Ways to Wellness is a social prescribing service for people with long term health conditions (LTC) in the west of Newcastle. The aims of the project are to improve peoples' quality of life and reduce their use of mainstream health services by enabling people with LTC to lead healthier lives and better manage their conditions.

As a Link Worker (Coach) you will provide psycho-social interventions that empower and improve the health and wellbeing of people living with long term conditions by encouraging and supporting the development of lasting behaviour changes that underpin improved mental and physical wellbeing. You will do this through using techniques such as goal setting, solution focussed therapy or motivational interviewing. You will be expected to deliver these interventions and build a therapeutic relationship to support and motivate people through behaviour change.

As a Link Worker (Coach) you could line manage a team, providing supervision, client record scrutiny, analysis of caseload size and activities, performance management against individual/practice/service based targets and promoting our culture of continuous improvement.

You will work closely with a small number of designated GP practices to raise awareness of the service with health professionals and the people they serve and assist in facilitating referrals to the service. You will work in partnership with the community in the West of the City and with relevant statutory, voluntary or community agencies.

You will be an enthusiastic worker, with excellent communication skills and a proven track record of high quality independent and team work. Full training will be provided and you will receive ongoing supervision to ensure continuous personal development and support you to reflect on your practice. This is a fantastic opportunity to learn and grow in a service, which is



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developing at a fast-pace and transforming culture, behaviours and attitudes surrounding Long Term Condition Management.

We asked the people who have experienced our service what matters to them in a practitioner. They said someone who is knowledgeable, can talk well, has a fun side, isn't timid, empathetic, not dominating and firm but fair. If you fit their description then we, and them, would love to hear from you!

Come and be a key player in an innovative and evolving service in Newcastle.

The Application Form and Job Description including Person Specification are available to download from [www.firstcontactclinical.co.uk](http://www.firstcontactclinical.co.uk).

An enhanced Disclosure & Barring Service (DBS) police record check in relation to vulnerable adults (previously known as CRB check) is required for this role. A driving licence and use of own vehicle is required for this role.

To apply please complete the employment application form and return it to [jobs@firstcontactclinical.co.uk](mailto:jobs@firstcontactclinical.co.uk) by 09:00 on Friday 28 February 2020.

An assessment day will be held on 2 March 2020 at Centre for Change, Stanhope Parade, South Shields, NE33 4BA. We reserve the right to bring forward the closing date.

If you wish to discuss this position further please contact Helen Smith, Service Manager on 07885896699 or 0191 432 9832.